

**Fifteenth International Conference on  
Frontiers in Yoga Research and Its' Applications  
Theme – Make every mother and child count  
At Swami Vivekananda Yoga Research Foundation,  
Bangalore, India**

Prof. Obaid Siddiqi,  
PO -6501 National Center for Biological Sciences,  
GKVK Campus,  
Bangalore-560065  
Email: [osiddiqi@ncbs.res.in](mailto:osiddiqi@ncbs.res.in)  
Ph : 23636420- 432

Re: An invitation to chair a symposium at the Fifteenth International Conference on Frontiers in Yoga Research and Its' Applications in Bangalore, India, between December 16 and 19, 2005

**Dear Prof. Obaid Siddiqui,**

The 15th International Conference on Frontiers in Yoga Research and its' Applications will be between December 16 and 19, 2005 in Bangalore, India. The conference is organized by Swami Vivekananda Yoga Research Foundation (SVYASA) which is a Deemed to be University recognized by the University Grants Commission, Govt. of India. SVYASA is also a R&D Organization recognized by the Department of Science and Industrial Research, Govt. of India and is committed to research and academics related to Yoga. Every alternate year since 1991, SVYASA has been conducting international conferences and has also conducted international conferences out side India.

For each conference the theme is different and special. For this conference we have selected the WHO's slogan for 2005, 'Make every mother and child count' The slogan has many implications: it stresses the importance of each individual as well as the vital and special bond between mother and child, the theme also highlights the importance of The Child as the future of each country and of the world. Considering that this is from the WHO the slogan refers to the delivery of health care to everyone.

Health has many facets physical, mental, emotional, and spiritual. The ancient Indian science yoga has been found (both experientially and through objective research) to improve different aspects of health. For this conference we are emphasizing emotional well being an aspect of health which begins in the bond between each mother and child.



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Emotions are also recognized as being vital to the optimal health of a mother and the normal and development of a child.

To look at the link between emotions and the way we can develop we have planned three main sections. These are: (1) Consciousness and emotions (2) Yoga and health, and (3) Yoga and education. Under each of these three sections there will be three sub sections which will be discussed as symposia.

**1. Consciousness and emotions:** There is an interest among philosophers and scientists that the brain can itself be the basis of being conscious (of) itself and in the mediation of attributes and manifestations of consciousness - one of which may be generating and experiencing emotions. These ideas would be discussed at the conference under three sub-sections (i) Consciousness and emotions: physical sciences, (ii) Consciousness and emotions: neurobiology (iii) Consciousness and emotions: molecular biology.

**2. Yoga and health:** It is now understood that health is shaped by a variety of factors - beyond the physical- these include a person's emotions, both positive and negative, as well as their spiritual beliefs and attitude towards Life and the world around. This section also includes three sub-sections (i) Emotions and physical health, (ii) Emotions and mental health, and (iii) Emotions and social-spiritual health.

**3. Yoga and education:** Education today is very goal oriented. There is an emphasis on developing analytical and logical reasoning, and abilities reasoning, and abilities related to mathematics, the sciences, and logic. These faculties are functions of the left cerebral hemisphere. Emotions, intuition, and aesthetics are functions of the right hemisphere and are often neglected. This would be discussed during the conference under three sub-sections: (i) Value-based education, (ii) Spiritual education, and (iii) Special education - which will cover education of those who are challenged as well as those with special abilities.




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We especially request you to chair a symposium under the sub-section A -  
**CONSCIOUSNESS AND EMOTIONS** The title of the symposium is 'A1-  
**CONSCIOUSNESS AND EMOTIONS: MOLECULAR BIOLOGY**'. There will be  
three invited speakers making their presentation for 30 minutes each. We look forward to  
a confirmation of your participation in the conference.

We would be glad to take care of your local travel and offer you local hospitality.

With warm wishes,

*for*   
H.R. Nagendra, Ph.D.

President of the conference &

Vice-Chancellor, SVYASA, Bangalore



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Respected Sir/ Madam,

Sorry for the error. The address to which you have to send the acceptance letter for our invitation to participate in the conference is the following:

Shirley Telles, Ph.D.  
Assistant Director - Research & Chairman,  
Scientific Committee,  
15<sup>th</sup> International Conference on  
Frontiers in Yoga Research and Its' Applications  
Swami Vivekananda Yoga Research Foundation  
# 19, Gavipuram Circle,  
Kempegowda Nagar,  
Bangalore - 560019

Thanking you,  
With regards,

Meesha Joshi, Ph.D. Scholar  
On behalf of:  
Shirley Telles, Ph.D.,  
Swami Vivekananda  
Yoga Research Foundation,  
Bangalore